

Bark and Leaf Rubbings

The forest is filled with different textures—from the rough bark of a tree to the frilly leaves of a fern. In this activity little ones can explore the textures of plants and make rubbings of the different types.

You'll need:

- Paper
- Crayons
- Trees, leaves, or other plants
- Optional: tape

What to do (tree bark):

- 1. Head outside with paper, tape, and a few crayons.
- 2. Tape a piece of paper to a tree, or have an adult hold it in place.
- 3. Carefully rub the paper with the crayon. You'll get the best results if you rub with the crayon on its side, as shown.
- 4. Encourage little ones to do rubbings of different trees to compare them. Are some trees rougher than others? Why does the tree have bark? (For protection!)

What to do (leaves):

- 1. Pick one leaf and lay it vein-side up on a flat surface like a table.
- 2. Cover the leaf with a piece of paper.
- 3. Gently rub a crayon sideways back and forth across the paper.
- 4. Encourage little ones to do rubbings of different leaves to compare them. Which leaf has the most veins? Can you count the number of points on each leaf?







